



Understanding the use of FIT testing for blood in poo (screening or with symptoms)

For all staff in primary care







Managing FIT kits is a challenge for many patients, and can cause delays in further investigations. Primary Care teams are best placed to help patients understand why and how to do the test(s). The FIT kit is used for both the Bowel Cancer Screening Programme and for use in primary care when a clinician wants to investigate symptoms.

This session will:

- explain the purpose of the two different tests using FIT, and how they differ (including the results they give)
- the part each member of the team has in ensuring kits are used appropriately
- top tips for supporting patients to complete the correct test for them
- safety netting/admin processes, and how kits are processed and results recorded correctly

If you have any **queries** or **issues**, please contact **bnssg.training.hub@nhs.net**.







