## POI Resources - clinicians

- Premature ovarian insufficiency BMS Consensus statement
- <u>Management of women with POI</u> European Society of Human Reproduction and Embryology, ESHRE
- POI International Menopause Society, IMS white paper
- POI a toolkit for the primary care physician
- <u>POI guideline</u> Remedy
- Top Tips for Managing POI Primary Care Women's Health Forum, PCWHF
- Managing POI in primary care PCWHF
- POI Registry
- POISE study
- <u>Secondary amenorrhoea</u> CKS

## **POI Resources - patients**

- Daisy Network
- <u>The Complete Guide to POI</u> book by Dr Hannah Short
- My Life on Pause book by Dr Siobhan O'Sullivan
- <u>Mothering and the menopause</u> support group run by local Mum and Health Visitor Emily Courtney
- World Menopause Day 2020 <u>Patient Information Leaflet</u> and <u>Poster</u> (available in 14 languages)